

## GENESIS HOUSE



A Place to Grow

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# The Genesis Journal

Volume 16, Issue 4

October-November 2009

## This Journal's Theme: Embracing Change by Jaime Podina



It has been said that without change, growth doesn't happen.

Change is something that happens everyday....The trick is taking the time to recognize when it happens.

Change can be big. Change can be small; however, what remains true is that change is constant and touches each of us.

As we anticipate watching our leaves change from a lush green to vibrant hues of reds, yellows, and oranges, we are reminded that there is both beauty and optimism among these changes. And although we may not be ready or excited for changes, they still happen, empowering us to be better, stronger, and more fulfilled individuals.

Change is not always easy. Often, changes result from deep personal reflections, which require time and energy. And once the decision is made to pursue change, sometimes the actual transition can be difficult or challenging. The good news is, however, wonderful things evolve from change!

As I am about to embark on a significant career

change, I am comforted by these reflections. My decision to resign from Genesis House, a place that truly helped me to grow as a professional, was not an easy decision, but it is the right change for me.

I realize that my journey here has been something that can never be replicated. The opportunities I was presented, the creativity I was able to demonstrate, the relationships I was able to build, the team I was able to be a part of, are all a part of what I will take with me as my new adventure begins!

As I leave Genesis House, I want to encourage you all to challenge yourselves, set goals, and make positive changes in your lives! **Remember, life is what you make it.....and only you can make changes happen.** So get out there and find your strengths, build your skills, open your hearts, and always remember you have a clubhouse full of friendships, love and support!

I will miss each and every one of you....  
Love always, Jaime!!

## More on our Theme by Lynn Wertman



Just as summer changes to autumn, and autumn becomes winter, so do **other changes** occur. In looking at the time I have spent at Clubhouse, there have been many changes, some good, some bittersweet, much like losing the sun when the rain comes. We need the rain, we just don't like it raining on us. We want to dance forever in the sunshine.

The fact that **Jaime** is leaving us is bittersweet, for we all hold her in the **highest esteem**. But we must be glad for her as she is entering a new plateau, a new challenge, and a **new growth**. We are sure that she will succeed, after all, she's Jaime! Her enthusiasm and will to do a good job will carry her along, and many people will prosper from her efforts. We will be happy for her and those she has touched, for she has brightened their days and the days for all of us. Stay in touch, please!

We have many reasons to rejoice in Clubhouse too. A really positive change that has occurred at GH is **the addition of Laura**, Jamie's successor. Laura brings her **enthusiasm, grace, dedication,**

and presence to the clubhouse, not unlike Jamie. Laura, too, has already become an important piece of Clubhouse life and lore and we welcome her with enthusiasm and joy. We are sure she will take a new place in our hearts and minds.

Over the past year we have met **new members** coming into our midst. **Christina Brumfield, Robin, Barbara Tripp, Matt Robinson, Michelle Kozak, Matt P, Ron Wheelock, Craig Michaels, and (last but not least) Joel Gaudette**, have all come aboard and **brightened the Clubhouse**. They will enrich us as well with their warm personalities and contributions. We will learn from them. See page 5 for more info on the newest Genesis Members.

Another positive change in many members' lives right now involves new transitions into work and/or more schooling. People who go about improving themselves have multiple impacts on our House and on those who visit within it. They will impact the way we live, think, and act in the future. We are fortunate indeed. See page 2 for updates on employment and education.

## Employment Update by Mike Leahy

In order to keep finding opportunities for members, we continue to keep our noses to the grindstone in the Employment Unit. I am happy to announce that we have had some recent success, too!

We have had a renewed focus on building supported employment relationships. This means that I have been expanding my network so that I can recommend members to area businesses. One recent success is that **Sandy Walker** has been offered a job at the **Howell Walgreens**. She has overcome many challenges to complete three TE's successfully, and she decided she was ready to work more independently. I developed a connection with management at Walgreens, and when they had an opening they were happy to offer her the position. It has been a

pleasure working with them, and Sandy is really enjoying learning this new position.

We have the unfortunate news to report that McDonalds will no longer be able to be a Transitional Employment (TE) partner. The store is being required to make adjustments to their approach on how they use their labor, and ending the TE program was a recommendation from higher up. Our contacts at the local McDonalds were very sad to see the program end, but the door remains open for possible SE or TE opportunities down the road. Our connection there remains strong.

We are happy to report that **Matt P**, the newest member at the **Tri-State TE**, is doing a fabulous job. His bosses report that he is a fast learner and he has had an

excellent attendance record. Keep up the good work!

We are excited for all of the recent, positive changes for Genesis members. For all members who are going through transitions and would like assistance from fellow members, don't forget about the Individual Employment Assistance at 2:00 daily.



*Matt P. has been a phenom at Tri-State where he works as a label inspector.*

## Education Update by Joel Gaudette

On Tuesday a group of 9 went to **Lansing Community College**. We were well informed by a nice lady named Barb. The college had a homey feel to it. She answered all the questions that we had. LCC offers Associates degrees. We all enjoyed the time we were there. The best part of the tour to me was the math lab. The way they teach the lab was very interesting to me. Next we went to McDonalds for a snack.

Then we went to **Cleary College**. At Cleary they offer many different business degrees. They were nice there as well. We were well informed and they were patient with us. We saw a short introduction film

about the college, and it was interesting because they had some wonderful history in the film. This college offers a 2 as well as a 4 year degree.

Michelle Kozak was on the tour and she said, "I had always been interested in going back to school. **Since the school tour I have been working a lot harder to pursue my dreams of going back to school.**"

Mike said, "I was impressed with how accessible both schools were. I learned that once you fill out an application, there were no additional fees. You can then make appointments to talk about the school, and what they have to offer."

Tom Roediger remarked, "I really enjoyed going to both colleges, and it was very interesting what they both had to offer."



*A group of us pose for a quick picture outside of Lansing Community after our tour of the campus.*

## Camp Talahi: What went down by Gregg Lutz & Jaime Passinault

Genesis house went to Camp Talahi in August and September and we had loads of fun. We had activities like a fishing tournament, bingo, card tournaments, crafts, people played the piano, we had meetings, people played the harmonica, and we talked by the campfire. **The most important part of camp was the social connections** between the members and plenty of R and R for those of you who do not know rest and relaxation.

At camp everyone appreciated the diversity of people that showed up, and all of the members' diverse ideas, and views on life: Religion, politics, sports, work, leisure, hu-

mor, and food preferences. We also took part in activities such as Frisbee golf, ladder ball, and croquet.

At camp Sam Roach demonstrated great piano skills: He was the camp piano man. Russ Ackles caught a sixteen inch bass, and there are pictures to prove it! Also the staff did a wonderful job at camp and enjoyed themselves equally as well. Greg Wortley looked professional and acted equally as professional. He played his part well (he usually does) and never disappoints. Mike is a team player and isn't afraid of getting his feet wet (at camp). He took part in many jobs, and is a man who wears many hats. Jaime Podina is leaving us and, like

the rash, quick thinking woman that she is, she will still keep coming back (to Genesis House that is). And Lee Kellogg is the man who helps all the members (and staff) here at camp, on activities, and at Genesis House. I will end on the note that there was talk among the gentlemen about baseball and how a New York Yankee rose to the top with his strategy of the game.

**Be sure to check out the camp pictorial on page 8!**

## Spaghetti Dinner Coming Soon by Bea Eldridge & Gregg Lutz

Well, it's time to start thinking about the annual Genesis House Spaghetti Dinner; it will be in November. We had a great turn out last year and hope to see everyone this year. There will be a suggested donation of \$8.00 or what ever you have.

The Butterfly Café is excited to be helping with the event again this year. We are going to need a lot of help cleaning our clubhouse from our members and staff. We also need to work together to plan and prepare for the

day. On the day of the dinner, we need members to give tours, serve guests, greet guests at the door, and prepare the food. So please sign up to help with the different jobs.

I asked Gregg what he liked about the spaghetti dinner last year. He said, "I really had a great time. I helped out in the parking lot. I also gave out tickets to our guests. My brother and sister were there. They really liked the dinner and they asked when the next one would be."



Here is a group of members working to prepare side salads at last year's event. Pictured, from left to right, are Gregg, Rick, Claudia, Dan, Sandy, and Jessica.

## CMH Board Visits by Barb Spalding



At 5:00 P.M. on Sept 29 the **CMH Board** will be visiting **Genesis House**. Last year we visited a group residential home. I am very excited and **proud to be a member of both Genesis House, and the CMH board.**

There will be snacks provided, and some members will give about a half an hour tour.

Other board members are interested and look forward to seeing how Genesis House works and adds to a members life. I am proud to be a part of this adventure.

We will be touring other CMH facilities soon.

**If you want to meet the Board, be sure to be here Tuesday, September 29.**

## Farewell to Jaime by Michelle Kozak

**Jaime Podina** has worked here at Genesis House as the Unit leader of the **Butterfly Cafe since February 2001**. She attended Eastern Michigan to pursue her dream in Counseling. She is leaving Genesis House for Maplewood as a child therapist/family case manger.

Jaime is going to miss watching and being a part of member's growth and recovery. She is looking forward to the new skills and challenges that she will gain in her new position.

I asked many staff and members about their thoughts on Jaime's departure.

**Lee** said, "**Jaime has been a wonderful part of a Genesis House for a long time** . I have no doubt she will be successful in her new job. She will be dearly missed. Good Luck!"

**Greg Wortley** joked, "I am sure Jamie will do just fine in her new adventure. **My only advice is that she remember all the things I have taught her** and yes she will be

missed."

**Mike Leahy** remarked, "Jaime has been such an awesome part of our team. **It is hard to imagine what it will be like without her.** I am excited that she is taking this positive step in her life. Best of luck and keep in touch."

**Lynn Wertman** said, "I will miss you greatly but **I am so glad you are going in a direction you want to go in.** God's blessing on your lives. Keep in touch."

**Claudia Gillenwater** stated, "Jaime **you are the best** and you have helped me so much. Good luck on the new job. Hope to see you soon."

**Tom Roediger** said, "**I will miss you.** Good luck with your new job."

**Madeleine Graham** stated, "**She is a wonderful, young, and dedicated professional.**"



Jaime and Lee smile for the camera at camp



Jaime poses for a quick picture by the GH Banner

## Genesis Gives Back: A Welter Foundation Update

By: Lynn Wertman and Jaime Podina

As a result of the John Welter Memorial Foundation that was so generously donated to Genesis House, we decided it was important to give back to the community that has been so supportive of us. We concluded that we would earmark \$400.00 to be donated to local community needs.

Our first decision was to donate \$200.00 of supplies to the residents of **MediLodge in Howell**. MediLodge provides rehabilitation and nursing care services to those in need. These supplies may include toothbrushes, toothpaste, and overall, hygiene products, that will provide comfort for the residents.

To meet the requests of the Welter family, we will distribute these items, as a clubhouse, over the holiday season. This way, we can spread our holiday cheer by

spending time socializing with everyone residing at MediLodge.

Our second decision was to donate \$200.00 of supplies to **Connection Youth Services in Howell**, which is an organization serving homeless and/or troubled youth and their families. The reason we want to contribute to this organization is to support our local young adults and to educate them on Genesis House services.

In continuing with the theme of donating, we have also decided to **support our fellow clubhouse in Uganda, Africa**, by donating \$200.00 (from our personal foundation account) to their travel fund. This donation would support them in attending the International Clubhouse Seminar in Florida this October!

We realize that we have been given so much as a Clubhouse, and we're proud of this opportunity to be able to give back to our local, and to our clubhouse communities!

We hope this inspires each one of you to also pay it forward! We can all use someone to lean on!!



## ICCD International Seminar by: Michelle Kozak

Thanks to the generous donation of the Welter Fund, four members are able to go to the ICCD conference in St. Pete Beach, Florida. The conference is from October 24 to October 29. The conference offers a wide range of topics on how to improve the running of our Club Houses. Besides the seminars there are social activities of soaking up the beauti-

ful sunset and having a cookout with all the different Club Houses from all over the world.

To close the conference there is going to be a Masquerade Ball to get our groove on and dance the night away. The members and staff that are going consist of Michelle Kozak, Lynn Wertman, Greg Lutz and Jamie Passinault. Staff

consist of Greg Wortley and Lee Kellogg. Lee and Michelle are teaming up Grand Ave Clubhouse in Wisconsin and will be presenting on Publishing a quality newsletter.. Lee Kellogg said "that we are looking forward to going to a once in a life time opportunity. This conference is one of the most relevant and worthwhile conference that someone could ever go to."

## Genesis House Hits a Homerun with New Hire

by Lee Kellogg and Donna Coleman

Because Genesis House is such a great community we don't have much turn over. **The last time we hired was three and half years ago** (coincidentally, the last time Jaime left). Every time we have a hiring opportunity **we are excited about the growth** we will experience with **new talent** added to the **growing GH family**.

To ensure that we hire the most talented person available, we take a very organized approach and make sure to have the whole Clubhouse involved in this important decision. We start by forming a **hiring committee** which this time around consisted of Joel, Lynn, Donna, Cindy, Bea, Michelle, Mike, Greg and Lee.

The committee had conversations about **what type of person we were looking for** to fill and used it as **feed-**

**back after each interview**. The criteria for who we wanted to work with us at Genesis House included someone who possessed the following: Lots of **energy, engaging, smart**, ability to multi-task, **respectful, empathy**, mental health experience, strong work history, **sense of humor, team player**, low burn out factor, ability to network, and a strong desire to work at GH.

We created a scoring sheet to help us determine which applicants would be invited to interview with the team. Points were giving for the quality of the cover letter and resume, relevant work experience, continuous work history, longevity on previous jobs, and strong references. We had at least three committees members score each resume and averaged the results. We then invited the top nine applicants for an interview.

The committee interviewed as a group and

spent a few minutes after each interview discussing the strengths and areas of concern that we had on each applicant. In the end we decided to invite **two** of our applicants back for a **second interview** which included working side by side with members on the Butterfly Café. The half day interviews ended with the whole Clubhouse asking questions of the applicants and then reviewing the applicant's performance after they left. In total, we received more than **ninety resumes** which led to **nine interviews** and two second interviews. **Most importantly it led to the unanimous recommendation that Laura was the perfect fit for our Genesis House team!**

## New Members by Michelle Kozak

### Joel Gaudette

I have lived in Howell For thirty-six years. I have twin boys that are 10 years old. My hobbies consist of bowling, golfing and pinball. When asked about Genesis he said that he really enjoyed coming and looking forward to growing in his personal goals.



Joel

### Craig Michaels

He has seven brother and sisters and he lives in Brighton. He recently joined the club house in August and has been coming on a regular basis in the summer time. He is continuing his education by attending LESA Adult Transitions.



Craig

### Ron Wheelock

He began coming to the clubhouse in August and helps out regularly in the Clerical unit. He has been a mechanic in the past, and he is currently looking to return to the field. He was lucky enough to get better sleep in the comfort of his camper.



Ron

### Barb Tripp

Barbra has three beautiful children that consist of two boys and one girl. From her three kids she has seven grandchildren, four boys and three girls. Barb's home town is Adrian, Michigan, and she moved into the area in 1976. Besides coming to Genesis, one of her goals is to improve her computer skills and commercial photography .

*Orientation has been booming! During the past 3 months, 50% of our referrals have become members. This is significantly higher than our historical average.*

## Life updates by Joel Gaudette & Michelle Kozak

### Sandy Walker

I asked Sandy, "How has the T.E. experience helped you in starting your new job at Walgreens?"

She said, "Before I started in a T.E. position I felt nervous and unsure of myself and how I would do on the job." "After

going through the process of three T.E. positions, they have helped me in many ways. First the positions have helped me with confidence, learning how to get the job done, getting along with my supervisors, and developing a good work ethic. This gives me confi-

dence in gaining long term employment." My current position is going well, and I'm looking forward to a good future at Walgreens.



*Great Job Sandy! Keep up the great work.!*

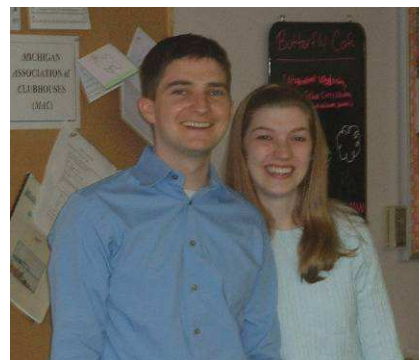
### Mike Leahy

Mike was happy to announce that him and his wife Cara are expecting a baby in April. "We are very excited to share this news. Genesis Journal readers will remember that my New Year's resolution was to have a child. Who says that no one reaches their New Year's resolution!" said Mike.

Cara said "Mike and I are really looking forward to starting a family."

Genesis is looking forward to helping celebrate this news by throwing Mike and Cara a baby shower to help welcome the little one. We are all excited welcoming another baby to the Genesis family.

**CONGRATULATIONS Mike and Cara!!!!**



*Mike and Cara pose for a picture at their wedding shower in 2007*



Clayton (in the hat) posed with us when he helped us kick off our Walk-a-Thon in May. Holli, Lee, Joline, and Lynn walked with him that day too.

## Clayton Klein by Madeleine Graham

Well known Fowlerville resident Clayton Klein is making his annual journey from Paradise to Hell. He plans to be in Fowlerville September 23 and looks forward to other walkers joining him, including members from Genesis House.

Clayton was born on the farm in Conway Township where he now resides. He is an avid outdoor wilderness person, including going on several canoe trips with his son,

Darrell. He also once owned and operated his own book company, Wilderness Books.

When asked about his inspiration Mr. Klein said "Inspiration... more than one thing. Staying healthy, and walking has helped. I like to help other people by raising money for hospice. God kept me around for something."

## New Kitchen Leader Arrives at Genesis House!

by Jamie Passinault

At Genesis House we are **excited** to have a **new kitchen leader**; her name is **Laura**. She seems to be doing very well and she has become part of the Genesis House family of friends. I have the privilege of interviewing her. I will ask her a series of questions concerning her Genesis House experience, and questions concerning life and leisure.

How would you describe the Genesis House experience? "**My experience so far at Genesis House has been wonderful!** Everyone here is so welcoming and warm which makes my transition to this new position that much easier and nicer."

How would you describe the staff? "The staff here at Genesis House are very helpful, kind, fun, and supportive. I am learning a lot from them and appreciate their guidance and support."

How would you describe the members? "**The members are just amazing! They blow me away with their talents and skills!** Everyone is so dedicated to their work-ordered day and seem to know exactly what they need to do to make things go smoothly and to get things done. I am learning so much from the members. Their **enthusiasm, high energy, and positive attitude is contagious!**"

How would you describe Genesis House to the outside community and the

public? "I would describe Genesis House as a very welcoming place for people that suffer from mental illnesses, and need some additional structure in their day to help them find and strengthen their skills with employment, finance, clerical, and cooking. Genesis House helps develop and build social relationships and gives people a sense of belonging. It also helps build self-esteem and self-confidence."

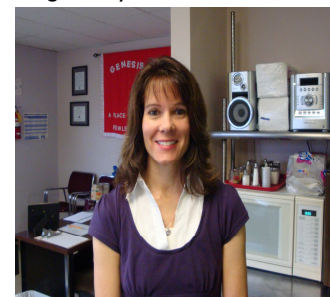
What would you say to guests who come to Genesis House for a day to have lunch and to mingle with the staff and members? "I would say to relax and enjoy yourself! You will find yourself laughing in no time. Everyone has a great sense of humor and you don't go home without a good laugh!"

Do you enjoy cooking? "Very much! I have learned many cooking and baking skills from my mother and from working at a restaurant for many years. I love to learn new recipes and to try them out." Do you enjoy cooking shows and if so, which ones, and describe what you what you like about them? "I honestly don't watch any cooking shows except every once in awhile I will watch Bizarre Foods with Andrew Zimmerman. It's pretty adventurous to see him try different and exotic foods that I would not touch with a very long stick!"

What do you enjoy doing the most A.K.A.-hobbies? "Spending time with my two kids, Jenny and Chuckie. We love to go camping, hiking and spending time with our family up north. I also enjoy spending time with my friends, going out to dinner and catching a good movie."

What is your favorite food and why? "My favorite food is any type of stir-fry. It has a lot of great and colorful veggies in it which I know is good for my family and me. It's fun to prepare and is quick and easy."

Laura seems to be very nurturing and helpful with helping the members grow do you have any pets at home that you nurture and help grow? "We have a miniature black Dachshund named Susie and she gives my kids and I lots of love."



Welcome to GH, Laura!

## Board Association Conference by Claudia Gillenwater

MACMHB-Conference, Michigan Associated Community Health Boards.

On Oct, 19th and 20th we will be in Traverse City. The discussion will be on how the Club House plays a key role in RECOVERY of mental illness.

We are teaching board members and administrators about Clubhouses and how they can help clubhouses meet their potential.

Lee, Mac, and I will be presenting. I will be telling my personal story on recovery.

It is really phenomenal how clubhouse has helped me on my journey. Working a T.E. has helped in many ways. I have also grown by becoming a leader at the clubhouse. I am on a journey through my paths of mental illness, on to recovery.

## IAPSRS Picnic by Michelle Kozak

On Wednesday August 19, a group of members and staff went to Kensington for a picnic. Besides the 18 people from Genesis House, there were people from some of all the club houses throughout the state of Michigan. The lunch was catered by Cranks. The delicious food consisted of hamburgers, hot dog, fruit, different kinds of potato salad, and coleslaw. After the filling lunch we had the time to mingle and get to know other members from the different clubhouses. Next some of the members from Genesis went for our daily mile walk. After we stretched our legs we packed up and went home.

## G.H. Presents on Employment and Leadership at Regional Training by EAU

On September 16, a group of Genesis staff and members will be presenting at the regional clubhouse training at Gathering Place in Redford, Michigan. In the morning we will be presenting on employment. It is considered an advanced employment training because it will be more in-depth than the last regional training we did in June. We will be teaching other clubhouses techniques for securing TE placements with local businesses. The presenters for this

workshop will be Bea Eldridge, Michelle Kozak, Lynn Wertman, Mike Leahy, and Lee Kellogg.

In the afternoon, the training will focus on leadership and advocacy. We are looking forward to partnering with our friends at Dreams Unlimited Clubhouse for this presentation. This workshop will help members learn more about becoming leaders both at the clubhouse and in the community.

## Consumer Conference by Lynn Wertman

Finally seeing the scope of the Consumer Conference was an awesome discovery in itself...the depth of it. The Kellogg Center area where things were presented was it's own little town, maybe I should say big town. Our breakfast was delicious and we were ready to start.

The conference at Michigan State was all about increasing our knowledge of what recovery is from the consumer standpoint. The presentations were some of the most different, yet absolutely normal and practical in their results, that have ever been presented to me. Recovery is a

journey, a struggle, a crisis plan, saying goodbye to poor habits, mania, & discovering yourself, celebrating victory. Recovery is hope, empowerment, to take care of self. We are not our illness, our illness is part of us. Hopes and dreams, dreams are part of the recovery journey. Power of the spirit, power of recovery, enables you to reach your goal.

I went to presentations that I'd never tried before. Like painting the little block. where I learned I was NOT an artist. Maybe it was a feeling that I was letting loose. There were other paintings, well

done, that I thought must have released some joyful feelings in it's maker.

My favorite presentation was "The Power of Recovery", presented by Malkia Maisha Newman and Emily Smith, presented late in the day. Not only was it very inventive, covering a lot of territory, but it emphasized a Community Support Program Recovery Wheel, which tied together what recovery was from the consumer standpoint, and what it comprised. I felt it was the most inventive presentation and the two presenters spoke out for others' recoveries. Recovery is an outcome of consumerism.

## Charter House Picnic by Lynn Wertman

The Charter House Picnic was a perfect experience. The day was a gorgeous one and the setting was spectacular! The lake, Lake Lansing, was a beautiful one laid out in front of the pavilion where the food was stacked and people sat at the long tables, conversing and in general enjoying the day. It was a pleasure to greet the people we knew, and get to know those we hadn't seen before. Everyone was really friendly. We heard the stories of several of the people we met and, compared Clubhouses, and in general enjoyed the camaraderie. The food was excellent. We had hot dogs,

hamburgers, assorted salads, fruits, and desserts aplenty. We could see the swimmers and boaters and how they enjoyed their day on the lake. There was even a man quoting poetry (which was very entertaining), and a woman singing gospel songs. Everyone was able to roam around the area and indulge in various activities. It was just an excellent day which we truly enjoyed. Charter House did an excellent job of entertaining and getting to know other people. A big thank you is due them.



The Picnic was held on beautiful Lake Lansing

**A Note to Our Readers:**  
Our **topic** this month is Embracing Change.

## Positive Changes

By Dave Shoberg

WHAT ARE positive changes? WHERE do they begin?

WHEN do they happen? And, HOW can we tell?

POSITIVE CHANGES are, for example: When a drug addict Suddenly stops taking drugs, or a person recovers from his or her illness.

POSITIVE CHANGES can also become a wonderful experience For anybody! The sad truth is, however, that not everybody responds The same way.

POSITIVE CHANGES usually are known to us as a direction or path Taken to manage one's mental illness.

POSITIVE CHANGES in one's behavior or thinking often TAKE TIME. BUT, IN ORDER to change positively, we all must first learn to Trust in ourselves.

## Life Test

By Madeleine Graham

Life's journey is sobering  
We take the good with the bad  
When we reach for goals  
And at first don't succeed  
That is the time we must grow stronger  
Rise to the occasion and as the pendulum swings  
Take comfort that we have survived  
If we are lucky we will have another day  
To journey through life with a smile  
Indeed we are only here for awhile.

## Camp Pictorial

*Lynn, Tom, and Donna pose for a picture near the campfire. Friendships were certainly strengthened as a result of this year's camp!*



*Above: The campers pose for a picture  
Below: Lee's son Max plays with Karen's dog*



*Above: Mike and Drew cutting a rug!  
Below: Jaime with her going away cake*



*Above: Russ and Michelle  
Below: Russ wins the Big Bass contest!*



## Butterfly Café News by Jaime Podina

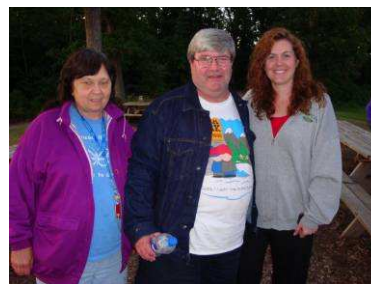
It's never easy to say goodbye. And although I look forward to my new journey, there is a sadness in my heart as I leave Genesis House. I would like to take this opportunity to thank the Butterfly Café for the many years of teamwork and camaraderie! You guys taught me so much....and will always be the best lunch in town : )

And with every ending, there are new beginnings.....so I would also like to take this opportunity to give a very warm welcome to Laura Southwell, who will become the newest team leader of the Butterfly Café!! Laura is very talented and

will make an incredible addition to the team! I look forward to hearing about all the exciting opportunities that will soon emerge as she joins the clubhouse!

Thank you all, again, for the many years of fun! Each of you have meant so much to my life and I am honored to have known each and every one of you. Thank you for all of the amazing opportunities and for allowing me to work with you. Genesis House is truly a place to grow!

“Ships may come and ships may go, but friendships last forever”



Jaime is pictured here at camp with Butterfly Café members Mary and Gregg.

# October Menu

Mon	Tue	Wed	Thu	Fri
Happy	October!		1 Meat Lasagna Garlic toast Pistachio pudding	2 Egg salad sandwiches Fritos Oatmeal raisin cookies
5 Meatloaf Mashed potatoes Green beans	6 White chili Oyster crackers Pumpkin bars	7 Home made pizza Salad Bread pudding	8 Sweet and sour chicken Rice	9 Chili dogs Chips Peanut butter cookies
12 Breakfast burritos Hash brown patties Apple raisin cookies	13 Ham Dijon braid, Cheesy broccoli Mixed veggies	14 Seafood pasta salad Cheddar biscuits Magic cookie bars	15 Chicken rice casserole Peaches Cranberry cake	16 Grilled ham & cheese sandwiches Tomato soup
19 Bratwurst Macaroni salad Ginger bars	20 International day	21 Spam day Boohoo! :-)	22 Baked Ziti With four cheeses Garlic bread	23 Sloppy Joes Cheese Pickles
26 Blueberry pancakes Sausage patties Butter scotch pud- ding	27 Three cheese stuffed shells Cheddar biscuits Carrot cake	28 Minestrone soup Salad Chocolate cake	29 Chicken enchiladas Spanish rice Chocolate streusel bars	30 Salmon patties Coleslaw strawberry shortcakes



*Michelle, Drew, and Tom chowing down at the zoo!*



**Events Past, Present and Future** by Tom Roediger

On September 10th, we went to Fun-time in Lansing. There is a lot of different things to do like mini golf, go carts, and an arcade, and much more; they even have a food court. Everybody had a good time there.

On Saturday, September 19th, we arrived at the Detroit Zoo. They have a new Polar Bear exhibit and many new things to look at. I have not been there in 25 years. It is amazing how things change; we all had a great time there and hope to come back soon.

On September 24th, we are going to Mid - Town Cafe Coney Island in downtown Howell, and we will do some shopping as well. Some will go to the book store and others will probably go looking around downtown. Don't forget about the Dairy Queen for dessert!

# October Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Frank Birthday Leadership group	3
4	5	6	7 Power Day Employment Dinner	8	9 Leadership group	10 Social Activity: Corn maze
11	12	13	14 Parshalville & Spicers	15	16 Leadership group	17
18	19	20	21 Employment Dinner	22 Social Activity: El Patron Restaurant  Sharing Hope confer- ence	23 Raimie's Birthday Leadership group	24 Victoria Birthday ICCD conference
25 ICCD confer- ence	26 ICCD conference	27 ICCD conference	28 Halloween Party! ICCD conference	29 ICCD conference	30 Leadership group	31 Debbie Birthday

## GENESIS HOUSE

A clubhouse offering opportunities for adult psychosocial rehabilitation under the auspices of Community Mental Health Services of Livingston County

501 W. Grand River  
Fowlerville, Michigan 48836  
(517)223-1393  
Fax: (517)223-1398  
genesishouse@cablespeed.com

We're on the web!  
[www.genesisliv.org](http://www.genesisliv.org)

Work-Ordered Day Hours:  
Monday through Friday  
8:30 - 4:30

Social Activities:  
Thursdays after 3:00  
except for one week per  
month when we have a Satur-  
day activity instead of a  
Thursday activity

Transitional Employment  
Placements:  
Monday through Friday (hours  
vary from placement to place-  
ment)

Workshops & Support  
Groups:  
Health and Wellness Commit-  
tee Workshop  
12:30, 2nd Tuesday

Affiliations:  
Michigan Assoc. of Club-  
houses (MAC)  
International Center for Club-  
house Development (ICCD)  
United States Psychiatric Re-  
habilitation Assoc. (USPRA)

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Since 1994 Genesis House has been dedicated to providing a community based, restorative environment for adults of Livingston County recovering from major mental illness. As with any other voluntary organization, we depend on the work and abilities of our membership to complete the daily work necessary for making the organizational mission effective. Genesis therefore emphasizes and builds on members' strengths and abilities, not members' symptoms. In doing so, members' psychosocial rehabilitation is not so much a result of being served by the program as it is the result of being partners in its operation.

More than 200 adults have joined Genesis House over the years for the opportunities that its "partnership in club operation" provides for personal growth and improved lives—opportunities for members to increase their independence, self-advocacy, community & natural supports, employability, education, recreation, relationships, self-esteem and self-confidence—opportunities for growth which all citizens of our society desire, but which persons with major mental illnesses often find either difficult to access or outright discouraged from participating in.



Laura is pictured here with three members from the Butterfly Café: Gregg Lutz, Bill Mathis, and Dave Prain. We have said it more than once, but we mean it: Welcome Laura!

## SPECIAL THANKS

To the following Genesis House members, friends & staff who were instrumental in the production of this 120th issue of *The Genesis Journal*

### Special contributors:

Lynn Wertman  
Joel Gaudette  
Gregg Lutz  
Jamie Passinault  
Bea Eldridge  
Michelle Kozak  
Madeleine Graham  
Claudia Gillenwater  
Dave Shoberg  
Tom Roediger

David Stellberger  
Jaime Podina  
Mike Leahy  
Lee Kellogg  
Donna Coleman  
Laura Southwell  
Barbara Spaulding

### Production assistant: Lisa Everton

. . . And special thanks, as well, to the entire

## GENESIS HOUSE

Community  
which provides us all with  
*A Place to Grow !*

# Genesis House

*"A Place to Grow"*

501 W. Grand River

Fowlerville, MI 48836

# The Genesis Journal

Place  
Stamp  
Here

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## Interview Question: "What positive changes have happened recently in your life?"

Question asked by Dave Stellberger

"I have learned to say no when I do not want to do something. My new job is another recent, positive change."

Claudia Gillenwater

"My son is back in school and he is doing a great job so far."

Madeleine Graham

"I found Genesis House and I am now working on my personal goal."

Michelle Kozak

"I got a job through Genesis House and I am learning new things everyday that comes to life."

Matt P.

"There have been positive changes at church which may make a difference in my life."

David Prain

"I am now on Social Security to help pay my personal bills."

Drew LaPrise

"I am happy we have new scholarship money available so I can go on more social activities."

Bruce Bennett

"Finding Genesis House has my personality responding positively."

Joel Gaudette

"One positive change in my life recently has been my social interaction with people in the community."

Jamie Passinault

"I got a new job with the help of Mike's TE placement of me to the Washington Square Apartments. Thanks to Karen, too."

Greg Lutz

"I've been working on a goal, which has gotten better over the last year."

Jason Evangelista

"I was able to take place in the regional Training in Redford, Michigan. I like presenting and teaching others."

Lynn Wertman

"I have two jobs, and I am holding them down. My peer training was at the end of July, and I learned a lot about myself and about how to be a good peer."

Donna Coleman